

Risk Assessment: Team Challenges

Reviewed: May 2018

Next Review Date: May 2019

Assessment undertaken by: Chris Martlew, Senior Instructor

L = LOW M = MEDIUM H = HIGH

Hazards	Effects	Who might be effected	Risk		Methods to Avoid/Reduce Risk
			Likelihood	Consequence	
Tripping	Bruising/Shock	Individual	L	L	First aid kit should be available.
Insect bites and Stings	Stings, allergic reactions, anaphylactic shock	Individual	L	L/M/H	First aid kit should be available. Be aware of any individuals with diagnosed allergic reactions and check epi-pens etc. are carried and Group Leaders know how to use them.
Overhanging / falling branches	Head injuries, cuts, bruising	All	L	M	Remove overhanging/loose branches
Rough edges/sharp wood	Splinters/cuts	Individual	L	L	Pre-use equipment checks carried out
Heavy wood pieces	Arm/back strains	Individual	L	L	Clear safety brief given Run activity with suitable age/size people
Tripping/falling off planks	Shock, cuts, sprains, bruising, grazing	Individual	H	L	Clear safety briefing given by instructor Instructor to maintain clear line of sight Activity to be run on a grass surface
Sharp Cane ends/splits	Hand/Eye/face injury	Individual	L	L	Pre-use equipment checks carried out
Lifting tyres	Back Strain	Individual	L	M	Clear safety brief given
Rope burns	Burns to hands	Individual	L	L	Instructors to monitor the group and stop them pulling ropes to hard.
Rain, frost and ice	Increased chance of slipping and falling	Group	H	L/M	Pre-use checks carried out Beam to be scrubbed when necessary
Bird droppings	Illness and disease	Individual	L	M	Keep team task equipment clean of bird droppings Wash hands after activity if required

Hazards	Effects	Who might be effected	Risk	Methods to Avoid/Reduce Risk	
			Likelihood	Consequence	
Splinters from posts	Bleeding/infection /splinters	Group	M	L	Pre-use equipment checks carried out
Trapped feet/hands under beam	Bruising/shock	Individual	L	L	Group monitored by instructor
Nettles and branches	Stings, cuts, grazes	Individual	L	L	Pre-use checks carried out Area to be cleared and bushes trimmed as required
Banging heads	Head injury, compression and concussion	Individual	L	M	Group monitored by instructor and good group control kept.