

### Risk Assessment: Nightline

Reviewed: May 2017

Next Review Date: May 2018

Assessment undertaken by: Chris Martlew, Senior Instructor

L = LOW M = MEDIUM H = HIGH

Hazards	Effects	Who is effected	Risk		Methods to Avoid/Reduce Risk
			Likelihood	Consequences	
Nightline					Nightline
Walking into obstructions	Bumps, cuts, abrasion, concussion, compression	Individual	H	L	Clear safety brief to be given by instructor Pre-use check to ensure the route is clear Climbing or rafting helmets to be worn Suitable clothing to be worn (long sleeves and trousers ideal)
Slips trips and falls	Abrasion, broken bones	Individual	H	L	Clear safety brief to be given by instructor Pre-use check to ensure the route is clear Instructors and staff to 'spot' participants when necessary Regular grounds maintenance to keep route clear Suitable clothing to be worn
Stinging nettles and thistles	Irritation, reaction, infection, anaphylactic shock	Individual	M	L/M	Pre-use check to ensure the route is clear Regular grounds maintenance to keep route clear
Equipment failure	Basic first aid incidents, serious injury, death	Individual	L	L	Pre-use equipment checks carried out Equipment fitting supervised and checked by instructors Unserviceable equipment dealt with accordingly